

Sodium Bicarbonate Therapy

In cases of cold or influenza or excess acid condition causing disease:

Day #1: Take 6 doses of ½ tsp baking soda in glass of cool water at 2-hour intervals.

Day #2: Take 4 doses of ½ tsp baking soda in glass of cool water at 2-hour intervals.

Day #3: Take 2 doses of ½ tsp baking soda in glass of cool water a.m. and p.m.

Thereafter: Take ½ tsp in glass of cool water each morning until symptoms are gone.

Drink at least 64 oz IonPod® water daily.

Do not exceed 7 doses of ½ tsp baking soda daily.

Do not exceed 3 doses of ½ tsp baking soda daily if you are over age 60.

Sodium bicarbonate (baking soda) is the time-honored method to “speed up” the return of the body’s bicarbonate levels to normal. Bicarbonate is inorganic, very alkaline and supports an extensive list of biological functions.

Sodium bicarbonate is one of our most useful medicines because bicarbonate physiology is fundamental to life and health.

Chemotherapy treatments include sodium bicarbonate to help protect the kidneys, heart and nervous system. It has been said that administering chemotherapy without sodium bicarbonate would kill you immediately. Hmmm, could it be that any beneficial effect is the result of the sodium bicarbonate, not the toxic chemotherapy? You won’t see Big Pharma jumping in to pay for that research any time soon.

Bicarbonate Maple Syrup Cancer Remedy

Bicarbonate can be taken frequently throughout out the day with half-teaspoon amounts though for long-term use lower doses are safer. For cancer patients initial use should be heavy and frequent to force a greater shift because some say that smaller pH shifts may stimulate cancer growth.

Mix 1 part baking soda with 3 parts pure, 100% maple syrup in a small saucepan. Stir briskly while heating for 5 minutes. Take 1 tsp. daily. If urine pH does not sufficiently rise, consider increasing the number of daily doses. Maintain until cancer is gone or urine pH rises excessively alkaline.

Bicarbonate Remedy for Colds, Virus, Bronchitis, Bacteria

1/4 tsp. apple cider vinegar and 1/4 tsp. baking soda taken 2x/daily or more.

1/4 tsp. lemon juice and 1/4 tsp. baking soda taken 2x/daily or more.

1/4 tsp. lime juice and 1/4 tsp. baking soda taken 2x/daily or more.

Maintain until symptoms gone, or urine pH is excessively alkaline.