

Energy Drinks

Orange Triplex

2 Tbsp. frozen orange concentrate
1 Tbsp. orange marmalade
1 Tsp. fresh lemon juice
¼ tsp. orange flower water
6-1/2 oz. bottled icy cold Perrier
garnish – slice of fresh orange

Combine ingredients-except the garnish and Perrier – in a blender. Blend to a fine puree. Chill. Put into glass, stir in icy cold Perrier and garnish.

Gazpacho Fizz

4 Tbsp. canned tomato puree
1 scallion bulb with a little of the green left on
½ medium chopped celery stalk
1 Tbsp. lemon juice
¼ Tsp. celery seed
6-1/2 oz. bottled icy cold Perrier

Combine ingredients, except garnish and Perrier, in a blender. Blend to a puree. Chill. Put into glass, stir in icy cold Perrier and garnish with a cucumber stick or celery stalk.

Pilgrim's Punch

2 oz. concord grape juice
2 oz. cranberry juice cocktail
4 oz. ice cold Perrier

Combine and serve with a lemon twist over Perrier ice cubes.

Almond Blossom

1 Tbsp. fresh lemon juice
3 generous Tbsp. plain yogurt
1 Tbsp. honey
¼ Tsp. almond extract
3 oz. pear nectar
6-1/2 oz. bottled chilled Perrier

Combine ingredients, except garnish and Perrier, in a blender. Blend to a fine puree. Chill. Put into glass, stir in the icy cold Perrier and garnish.

Pina Perrier

2 Tbsp. canned coconut “cream”
½ cup fresh pineapple cubes
4 oz. unsweetend pineapple juice
1 Tsp. lemon juice
6-1/2 oz. chilled Perrier

Whirl first 4 ingredients to a puree in a blender. Divide between 2 chilled glasses and top each one with half a 6-1/2 oz. bottle of Perrier. Stir and serve. Garnish with fresh fruit.

Yankee Winter Drink

2 cups apple juice
2 cinnamon sticks
4 cloves
2 slices seeded lemon, halved
2-4 Tbsp. pure maple, syrup
(according to taste)
chilled Perrier

Pierce each of the 4 lemon segments with a whole clove. Break cinnamon sticks in half. Simmer together all but the Perrier for 5-10 minutes. Chill. Pour equal amounts into 4 glasses, each with a cinnamon stick and lemon segment. Stir in 4 oz. chilled Perrier into each glass.

Persian Poem

½ cup flash frozen raspberries
½ cup flash frozen sliced peaches
2 Tbsp. honey
2 Tsp. lemon juice
6-1/2 oz. chilled Perrier

In a blender whirl 2 oz. of the Perrier with all other ingredients. Pour into a glass and stir in remaining Perrier. Garnish with whole frozen peaches or raspberries.

Green Grape Glacier

12 seedless grapes
4 oz. white grape juice
4 oz. Perrier water

Freeze grapes and chill the grape juice. Whirl the grapes and grape juice thoroughly in a blender until a soft sherbert-like texture is reached. Pour this puree into a chilled wine Glass and stir in the icy Perrier. Garnish with grapes if desired.