

Food According to the Numbers

Simple Range Chart

Range	Sugar	pH	Salt	Albumin	Combined Ureas
C	8.5 – 13	7.20 – 8.00	35C – 70C	4M+ or higher	19 – 30
B	2 – 8.49	6.6 – 7.10	12C – 34.9C	4M	7 – 18
A	1.3 – 1.9	6.3 – 6.50	7.0C – 11.0	<4M	6
D	0.6 – 1.2	5.45 – 6.20	3.0C – 6.0C	<4M	3 – 5
E	0.0 – 0.5	4.80 – 5.40	0.0C – 2.90C	<4M	1 – 2