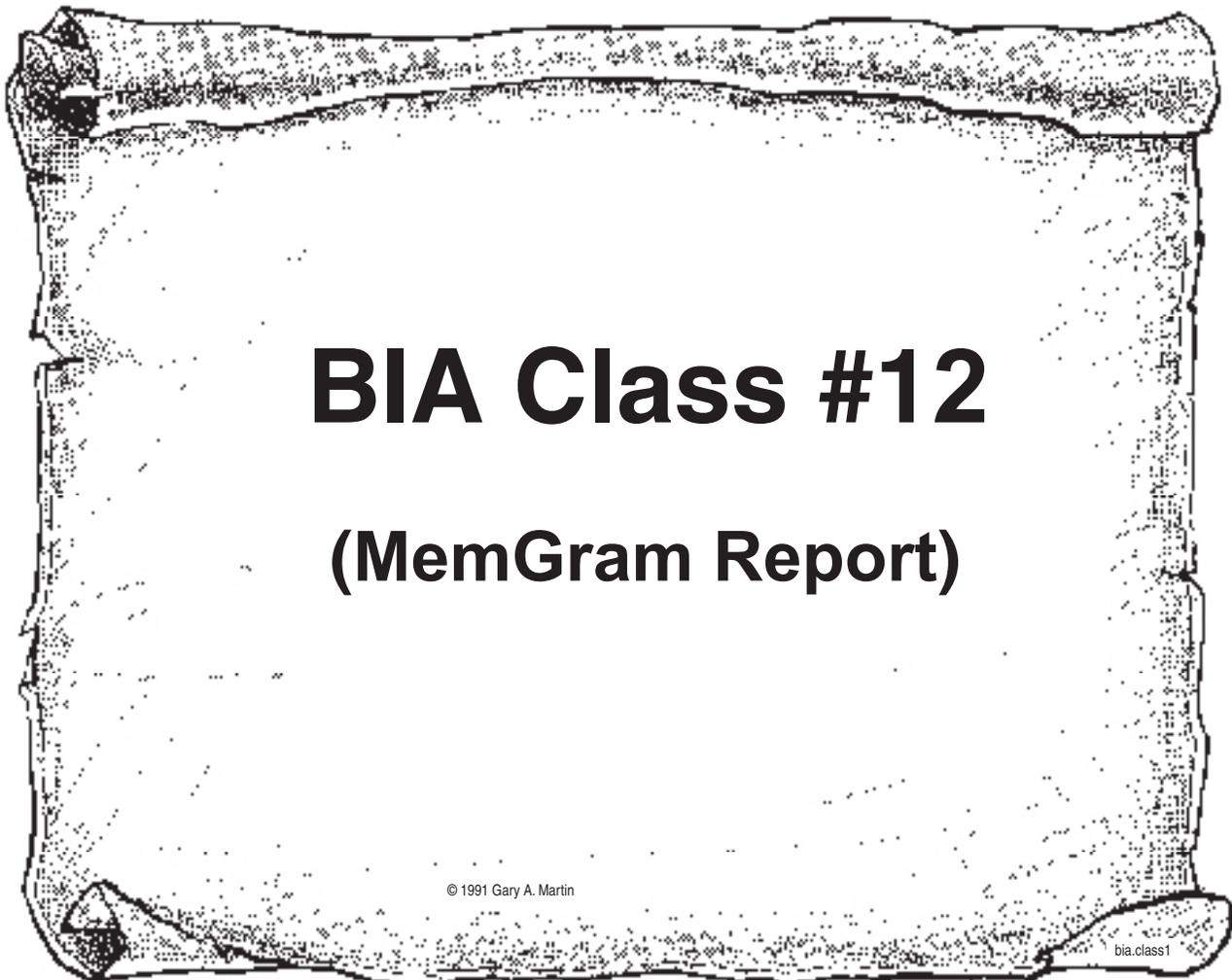




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BIA Class #12

(MemGram Report)

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bia.class1

BIA Class #12

(Stress Pattern Report)

NOTE: You need your **Stress Pattern Report** to complete this exam. Your Stress Pattern Chart is not enough.

1. Turn to page #3 of your Stress Pattern Report (see following page). Here you will see that we have again highlighted several items. At the top is your Trauma Sequence. Two lines below is the statement: SEQUENCE REPRESENTS ENTIRE LIFE. The possible time span can range from 20% of recent life to prenatal.

2. The example Trauma Sequence spans a term from birth to age 44. We know this because if you will look below you will again see that we have printed the Trauma Sequence, but this time we have expressed it VERTICALLY instead of horizontally. This gives us room to also list a column of AGES. You will notice that each ORGAN # has a corresponding AGE. This is the approximate age that the organ became stressed due to physical, mental or emotional STRESS in your life at that time in your life.

3. Look at your Trauma Sequence. The lower numbers represent acute stress and the double digit numbers represent chronic (long-term) stress.

4. Look at the Trauma Sequence. What age(s) does your Trauma Sequence indicate to be most intense (low numbers)?

Can you associate any particular stress with that time period?

The more you are exposed to your Stress Pattern the more amazed you will be at its accuracy in describing you and your past.

5. Look at the bottom half of page 3.

Print Date: Dec 9, 1991

Stress Pattern Generating

Test: 2724
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27537 Sample Client
Sponsor: Dr. Martin

STRESS RESULTS - 2

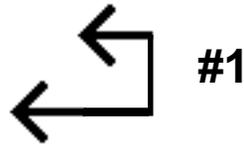
GROUP TOTALS

11- 4 14- 8 17- 1 110- 2 113- 4 116- 0 119- 0 122- 1 1
12- 5 15- 1 18- 2 111- 2 114- 8 117/18 120- 4 123- 4 1
13- 5 16- 5 19- 2 112- 4 115- 6 1 - 3 121- 0 124- 1 1

TRAUMA SEQUENCE:

23 20 13 12 1 6 3 2 15 14 4

Cumulative Total: 72 Intensity Level: 3 -%
Sequence Represents entire life
Sequence Average: 113 / 11 : 10.3
EP: 56% (Minor Sync Degeneration)



ORGANS:	AGE:	FACTORS:	EMOTIONS:
23	4	Spleen (Cause: Regret)	(Function: Rejection)
20	8	Pancreas	Suppressed
13	12	Adrenals	Shame
12	16	Brain	Complicated
1	20	Thymus	Reaction
6	24	Liver (Subject: Transmutate)	(Emotion: Sadness)
3	28	Colon	Failed
2	32	Heart	Deny
15	36	Senses	Inhibited
14	40	Mind	Unknown
4	44	Stomach (Effect: Digestion)	(Emotion: Eaten)

STRESS PATTERN FACTORS:

%

BONUS WORDS:

	%	ORGAN	ACTION	CONCEPT
1. Stress resistance reserve	25			
2. Processing voltage risk	4			
3. Loss of core control	83			
4. Genetic legacy	96	23	Do	Steals Energy
5. Awareness of issues	75	6	Keep	Transmutates
6. Core energy loss	83	4	Dissolve	Indigestion
7. Expected energy gain	83			
8. Will-power	21			
9. Gravitation	75			
10. Radiation	25			
11. Detox need	25			
12. Processing expectations	75			
13. Volatility	55			
14. Dragon Grip	75			



These **14 STRESS PATTERN FACTORS** give you more insight concerning the history, present effect and future impact of your Trauma Sequence.

6. **STRESS RESISTANCE RESERVE:** This is the amount of resistance you still have in reserve to deal with the issues created because of the organ(s) in your CORE (center numbers). A low factor indicates a high need for Stress Pattern Remedies.

7. **PROCESSING VOLTAGE RISK:** "Processing" your Traumas causes a dematerialization of your Trauma Sequence. When you dematerialize a Trauma Sequence, the reaction you get is whatever your CAUSE (left side number) is about. It is similar to the "jack in the box" effect. Processing the individual Traumas is like slowly turning the crank. When you have processed all your Traumas, and thereby dematerialized your Trauma Sequence, the "jack in the box" springs up with great force. The amount of force can have varying degrees of impact on your life. The Processing Voltage Risk Factor indicates the amount of risk involved and how much of an impact doing Stress Pattern Processing on this Trauma Sequence is going to have on your life. The higher the factor, the more force the CAUSE will spring at you when you dematerialize this Trauma Sequence. Thus, you can predict the intensity and type of real life experience that will happen to you. A high factor indicates a high need for Stress Pattern Remedies.

8. **CONTROL LOSS:** This is the amount of control you have lost with regard to your CORE issues. The higher this factor the more you are a victim and the more helpless you see yourself with regard to being able to be in control of the issues surrounding your CORE emotions (center number). A high factor indicates a high need for Stress Pattern Remedies.

9. **GENETIC LEGACY:** Sometimes your problems are not of your own making. They can be ancestral problems that have been passed on to you by blood. This factor indicates whether it is something you have done or whether it is a genetic problem you must overcome. The higher this Factor the more genetic legacy is involved in your Trauma Sequence. A high factor indicates a high need for Stress Pattern Remedies.

10. **AWARENESS:** This is the amount of awareness you can be expected to have concerning the CORE issues that need to be addressed in order to dematerialize your Trauma Sequence. The higher the factor, the easier it is to process your Traumas. The lower this factor, the more you need the Stress Pattern Remedies.
11. **CORE ENERGY LOSS:** This is the amount of energy loss that has been experienced by your CORE organs. The higher this factor, the more difficult it is to deal with the CORE issues due to lack of vitality and strength of that area. A high factor indicates a high need for Stress Pattern Remedies.
12. **DEMATERIALIZATION ENERGY GAIN:** This is the amount of additional energy you can be expected to feel as a result of processing your Traumas and dematerializing your Trauma Sequence. The higher this factor, the more energy you can be expected to have as a result of processing your Traumas. A low factor indicates a high need for Stress Pattern Remedies.
13. **WILL POWER:** This factor indicates the amount of willpower you can be expected to have, especially as it has to do with your CORE issues. The higher the factor, the easier it will be for you to track the dragon. A low factor indicates a high need for Stress Pattern Remedies.
14. **GRAVITATION:** This factor indicates the degree of pressure the CORE issues are applying against you. The higher this factor, the more pain, irritation, and pressure you have in your life regarding your CORE issues. A high factor indicates a high need for Stress Pattern Remedies.
15. **RADIATION:** This factor indicates the degree of sensation, loss and space you have in your life regarding the CORE issues. The higher this factor, the more sensitive you are, especially to the core issues. A high factor indicates a high need for Stress Pattern Remedies.
16. **DETOXIFICATION NEED:** This factor indicates the degree of need for detoxification. This may be on a physical or emotional level. The higher this factor is the more detoxification is needed. A high factor indicates a high need for Stress Pattern Remedies.

17. **PROCESSING EXPECTATION:** The greater this factor is, the more you will be emotionally uplifted by processing your Stress Pattern. Sometimes you have to expect little emotional charge from processing your Traumas. Sometimes there is a great deal. This factor helps you know what to expect. A low factor indicates a high need for Stress Pattern Remedies.

18. **VOLATILITY:** This factor lets you know what kind of dragon intensity you have to deal with. As you process your Traumas you are making life difficult for the dragon. Sometimes you have a sleeping dragon that you can beat on and he will just roll over and ignore you because he doesn't take you seriously. This is low volatility. Sometimes you have a dragon with a high degree of volatility. When you beat on him he snaps back and tries to bite your arm or leg off.

The higher this factor, the more likely you will have some intense life experiences as you begin to dematerialize your Trauma Sequence through the processing of your Traumas.

A very volatile dragon can make your life very intense as you begin to track him and call attention to his manipulations over you. The higher this factor, the more you may need to use the "reversal" technique for the Stress Pattern Remedies to help you through times of crisis.

19. **DRAGON GRIP:** This is a measurement of the tightness of grip the Dragon has on you. If he is worried about you catching on to his ways he will maintain a tight grip (high % factor). If he doesn't take you seriously he will maintain a loose grip (low % factor). He wants to maintain as loose a grip as possible so he doesn't have to work any harder than necessary. A high % usually means that it may take a little extra effort to get free of the dragon. A low % means it will be relatively easy to get free of the dragon. A high factor indicates a high need for Stress Pattern Remedies.

20. Turn to page 4 of the computer print-out (see next page).

This page is a listing of potential TENDENCIES, both physical and emotional, that we would expect because of the Stress Pattern. These tendencies are much like the tendencies that were predicted because of your BIA numbers discussed with you on an earlier consultation. Which items on your list do you recognize as being a part of your life?

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Dec 9, 1991

Stress Pattern Generating

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Sponsor: Dr. Martin

Test: 2724
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SHADOWS: (TENDENCIES)

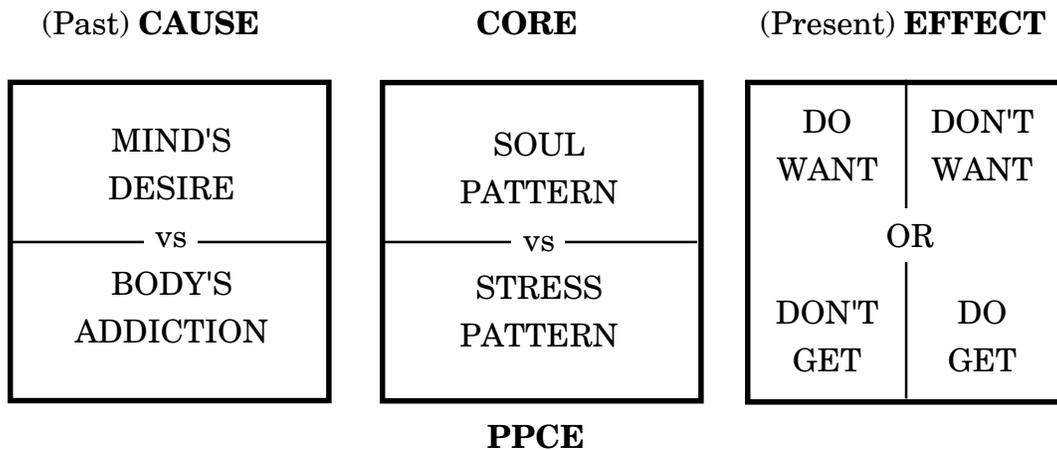
SEQUENCE	AGE
4 0 0	44 indigestion (food and/or circumstances) inability to break down problems into solutions unhappiness
14 15	40 misperception of sight
14 0 0	40 migraine headaches self-awareness overload worry / low self-esteem mind games / excess analyzation
15 0 0	36 incomplete higher energy connection evaluation difficulties / disconnected mind distortion / no plan / no clue not enough control
2 0 0	32 cardiac dysfunction relationship stress / disharmony love / synchronization problems
3 0 0	28 bowel dysfunction / toxic / poisoned narrow viewpoint / indelible mindprint rejection issue resulting in hating others or self
6 0 0	24 liver/gallbladder stress difficulty transmuting situations sadness
1 12 13	20 neuritis
1 0 0	20 infection / inflammation / tonsils / appendix unresolved problems feels aggression/needs protection inability to protect self
12 13	16 insomnia trying to eliminate trauma toxicity nervous tension
12 0 0	16 nervousness deception nerve energy flow stress
13 20	12 hypoglycemia homesickness / depression loss of possessions losing muscular integrity
13 0 0	12 hypoglycemia exhaustion lack of courage lack of capacitance
20 0 0	8 hypoglycemia / fatigue / inadequacy self-identity crisis / loss of self / laughter loss of balance / dizziness / feels lost
23 0 0	4 allergies / immune system breakdown rejection / chronic antagonism / genetic legacy rashes / pimples / limb pains cerebral / mental allergies

The AGES are listed, but don't let them confine you. They may or may not conform to the actual time frame in which you experienced the stress.

21. It is now time to turn back to the Stress Pattern Chart, or refer to page #3 of your Stress Pattern Report.

Notice that we have highlighted three important positions on the Trauma Sequence. The LEFT position, the CENTER position and the RIGHT position.

22. These three positions are the most important in your Trauma Sequence. The LEFT position is your PAST CAUSE. The CENTER position is your CORE. The RIGHT position is your PRESENT EFFECT.



23. The CORE is where the Dragon lives. It describes the type of Dragon you have. It represents your Stress Pattern. Your Stress Pattern is actually made up of the people, places, circumstances and events (PPCE) that the Dragon attracts to you because of HIS electromagnetic pattern, not yours.
24. The reason he picked you is because, at the Soul level, you have the opposite electromagnetic pattern from the Dragon. This means that he stands a good chance of evoking an emotional response out of you as he draws the PPCE to you because of his Stress Pattern. Dragons don't like to work. They like to sleep 24 hours a day. This means they have to be fed by I.V. What fills the I.V. bottles is your continued emotional discharges. We call this the "irritation factor".

25. So, on the one hand your CORE describes your Stress Pattern (the dragon) and on the other it describes your Soul Pattern (who you really are). Of course, this dichotomy is why you have stress in your life.

Now, turn to page 3 of your computer print-out.

26. Generally speaking, what is there about the CORE Organ-Condition-Emotion that has something to do with you?

What is there about this information that relates to a strength or weakness that you have?

What is there about this that makes it easy for people to "push your buttons" in this area? How does it irritate you?

27. Whatever organ number you have in your CORE means that the Dragon has placed Kryptonite (remember Superman?) in that part of your body. It means that the function of that part of the body will be hampered and there will be many emotions dealing with those issues.
28. It also means that you have "super powers" regarding those same issues. We know this is true because the Dragon was concerned enough to bother to place the Kryptonite in this CORE area. He doesn't want your super powers to interfere with his objective of creating hell on earth for you.
29. The Dragon can block your memory of the world you came from (Soul Pattern). The Dragon can also block your memory of how you exercised your super powers at the soul level, but the Dragon cannot block your *desire* to manifest your Soul Pattern here on earth.
30. Since the Dragon cannot block your *desire* to manifest your Soul Pattern, he uses it against you to create its counterpart, your STRESS PATTERN. The Dragon makes sure your Soul Pattern is consistently blocked so it becomes a stress factor, an irritation factor, draining you of emotional energy.

31. The CAUSE NUMBER (left side) represents the stress in your PAST that set this whole chain of events in motion. One aspect of it is what your mind desires for your life, especially as it has to do with your CORE. The opposite aspect of it is what your body is addicted to.
32. How it works is like this. Once the Dragon has picked you to set up shop within, at a very young age he tricks the body into MISINTERPRETING an emotionally intense situation as being good and as something you want to continue to experience.
33. In other words, because of your MIND'S DESIRE, some past experience occurred that was at odds with this desire. The mind met with such resistance that the body became addicted to the resulting emotional charge. Keep in mind that the body (subconsciousness) measures good and bad *quantitatively* (how much) while the conscious mind measures good and bad *qualitatively* (what kind). Therefore, it is easy to see how the body may erroneously feel that a traumatic situation is a *good* experience, become addicted to it, and spend the rest of your life attempting to recreate it as often as possible seeking the continued emotional response of your conscious mind during the experience.
34. The Dragon then spends the rest of your life attracting PPCE (People, Places, Circumstances, Events) to you that causes stress in your life. You respond exactly as predicted, thereby affirming to the body that you enjoy it (it thinks) and desire more of the same type of experiences.
35. Meanwhile, the Dragon is able to sleep on as you continue to fill and refill the I.V. bottles by your continued emotional discharges. He has you right where he wants you. The war between your MIND'S DESIRE and your BODY'S ADDICTION continues to provide his daily nutrition requirements while he sleeps. Every time your heart beats, a pulse, best described as your Trauma Sequence, roars through your endocrine system hoping to distress you enough to cause an emotional discharge.
36. Generally speaking, what is there about the condition and emotion associated with your CAUSE that represents something you desire, or don't want, from life? We now know what your BODY'S ADDICTION is: to make sure that your MIND'S DESIRE doesn't happen.

37. The EFFECT represents the stress in your PRESENT that you are experiencing. It is what you *think* is your problem. It is what you experience today because of your body's addiction.
38. Generally speaking, what is there about the EFFECT Organ-Condition-Emotion that describes your present-day difficulties? Is it a DO WANT/DON'T GET or a DON'T WANT/DO GET?
39. Behind the 4 computer pages you will notice that we have attached pre-printed summaries of the Physical, Mental and Emotional meanings of the organs appearing in the three key positions of your Trauma Sequence. You will want to be sure to restudy them after every consultation. As you progress through your series of Traumas these three key positions and the organs involved will take on more and more significance for you.
40. Now it is time to begin to unravel your knot of Traumas that are responsible for much of your misery. You will notice three sets of words written on the bottom of your Stress Pattern Chart. The upper case words are Dichotomy words which we will explain later. The lower case words are linked to a description of the stressful experience which you should be able to recall at the approximate age listed. Look up the definitions of each of the lower case words. What trauma comes to mind as you studied these words?
41. A) Generally speaking, what is there about the lower case word(s) in your CORE column that has to do with you?
B) Why is it easy for people to push your buttons in this area?
C) How does it describe the personality of the Dragon?
D) How is it an irritation factor for you?
E) How does it describe the PPCE?
42. Generally speaking, what is there about the lower case word in your CAUSE column that has to do with what you desire or don't want out of life, especially as it has to do with your CORE word(s)?

43. What is the ADDICTION, as you see it, that the body has created in order to create resistance to your desire, which then emotionally feeds the Dragon? This ADDICTION will be the counterpart of what you say is your DESIRE.
44. Specifically, what experience can you recall at the age listed that the lower case words have to do with?
45. What did the CORE words have to do with it?
46. What did the CAUSE words have to do with it?
47. What did the EFFECT words have to do with it?
48. How was the ADDICTION acted out?
49. If you could go through those same motions again, only this time use today's wisdom, what would you do, say or think differently to alleviate the emotional stress you have suffered during and since?
50. TAKE IT WAY BACK TO THE SOURCE:

Look on page 3 of your Stress Pattern Report. Look at the age you were when your CAUSE organ appeared in your Trauma Sequence. What is there during that time in your life that you can recall as having something to do with your CAUSE? Can you find the source experience that was probably responsible for the creation of this ADDICTION?

51. So, this particular Trauma happened because the Kryptonite in your (CORE) created a weakness, which set up a DESIRE for (CAUSE), which created a SUBCONSCIOUS ADDICTION TO (CAUSE counterpart), resulting in the experience of (PRESENT EFFECT).

52. Can you see the parallel? Because of the **EMOTIONAL INTENSITY** that went through your body because of your **DESIRE** for (**PAST CAUSE**), your body became **ADDICTED** to reproducing as many times as possible the same scenario in hopes that you would **CONSCIOUSLY** respond **EMOTIONALLY** in much the same manner as you did back then. Do you see how much of an emotional robot you have become? This is a classic Dragon game plan.
53. Keep in mind that there is a constant battle going on between your conscious mind and your subconscious mind. Your subconscious mind is made up of all the minds of the billions of cells in your body. These cells do not have the same ability to judge right from wrong that your conscious mind has. Your body cells judge good from bad simply from the level of emotional intensity passing through the central nervous system. The more the merrier. Consciously you become stressed, but the emotional intensity feeds the Dragon.
54. Your objective from now until next time is to **NOTICE** how much a part of your life and your emotional responses is are the words appearing in your **CAUSE**. As you become more **AWARE** of its presence you are taking **CONTROL** away from the Dragon. He uses it against you because it works. It works because you are not aware of his tactics.
55. Is there a trace of this same scenario in your present? What?
56. Your homework between now and next session is to identify all the **PPCE** in your life that has to do with your **CAUSE** word. When you recognize them, **FEEL** the feeling you have. **RECOGNIZE** that this **FEELING** is exactly the same as the one you felt during your source Trauma many years ago. Become **WISE** to the fact that the people, places, circumstances and events (**PPCE**) may have changed, but the same old tactics are continuing to be used against you in hopes that you will once again emotionally discharge just like you always have before.
57. There is nothing you have to do. Doing will only make things worse. Simply **RECOGNIZE** the feeling as being the same manipulative act that was used against you many years ago.

58. The reason this works is because you cannot be in two places at the same time. You cannot be emotionally discharging and analyzing the similarity of events at the same time. The time you spend becoming WISE to the Dragon's ways is time not spent emotionally discharging. This means the Dragon's I.V. bottle is not full and he will ultimately wake up hungry in the middle of the night. He will go knocking on the bedroom door of the body asking why his I.V. bottle ran out. The body will explain that it has been using the same PPCE that it has been using for years, but, for some unknown reason, the emotional discharge just isn't there like it used to be. You are winning the battle. Stick with your Stress Pattern Processing and you will win many battles.

59. Your Certified Stress Pattern Processor will help you neutralize the radiation coming from this Trauma and all the others listed only by their age at this time. Your Processor will give you the definitions of each of your remaining Traumas as you progress through the STRESS PATTERN PROCESSING.

60. The first Stress Pattern Processing Session usually lasts 60 minutes. Subsequent sessions may vary from 15-60 minutes depending upon the intensity of the trauma being processed.

61. Never underestimate the power that your past traumas have over you when it comes to proper weight management and present-day symptoms. You need to fully understand and neutralize this stress radiation.

BIA Class #12 Exam

(Stress Pattern Report)

1. What is the possible time span of a Trauma Sequence?
2. What time span does your Trauma Sequence cover?
3. What do single-digit numbers in the Trauma Sequence represent?
4. What do double-digit numbers in the Trauma Sequence represent?
5. What age(s) does your report show the most intense stress?
6. Look at your Organ Trauma Sequence. What age(s) does it indicate were the most intense for you?
7. List and explain each of your 14 Stress Pattern Factors.
8. What do you think each of your significant tendencies means?
9. Explain your CORE.
10. Explain your CAUSE.
11. Explain your PRESENT EFFECT.
12. List associated words that would go with your CORE, based on low/mid/high emotion.
13. List associated words that would go with your CAUSE, based on low/mid/high emotion.
14. List associated words that would go with your PRESENT EFFECT, based on low/mid/high emotion.
15. What is your addiction?
16. Where does the Dragon live?

17. How does your CORE describe your Stress Pattern?
18. What is your Soul Pattern?
19. How does the Dragon continue to exist?
20. How is the Dragon able to trick the body into thinking a traumatic situation is something you like?
21. Why is it important to process the traumas in reverse order of their occurrence?
22. What do you have to do to eliminate your Stress Pattern?
23. How long will a Stress Pattern Processing session usually last?
24. What might you do if your client appears blocked?
25. Why are you a *Processor* and not a *Counselor*?