

Hydrochloric Acid (HCl) Therapy

Dr. Guy's Total Daily Dose

HCl Concentration in %

60 - 120 drops

3% HCl

36 - 72 drops

5% HCl

18 - 36 drops

10% HCl

5 - 10 drops

35% HCl

The above number of drops can be placed into 8 - 12 oz of distilled water and sipped throughout the day. Do NOT use metal utensils or containers.

For even better results, add Potassium Chloride (KCl) 1/8 tsp per each 4 oz distilled water. KCl may be found in grocery stores as Nu-Salt or No-Salt.

When taken orally, HCl contributes to improved breakdown of protein products in the small intestine, which reduces hunger and helps with blood sugar regulation. It is then absorbed into the lymph system where it clears up cellular debris. The portal vein will carry HCl from the digestive tract to the liver where it can relieve lymphatic congestion. HCl has an affinity for the lymph channels where it breaks down proteins (hydrolysis) that clog the lymph.

There are doctors who will administer HCl by injections or intra-venously, but it may take some searching to find a doctor having experience with this. Once they start using HCl, they become a believer very quickly.

Another option is to use Betaine HCl supplements. 10-grain capsules every hour and 3 prior to each meal until the desired urine pH level is reached. The amount per hour varies with each individual. I start with one per hour and increase it by 1 per hour after each 24 hours if desired urine pH level has not been attained.