

		SYSTOLIC			
		92 - 110	112 - 140	142 - 190	192 - 280
D I A S T O L I C	110 - 120			50-86 = D 88-120 = E	50-86 = D 88-120 = E
	90 - 110		72-86 = M 88-120 = A	50-70 = B 72-86 = I 88-120 = F	50-86 = D 99-120 = E
	74 - 90	72- 86 = F 88-120 = G		50-80 = J 88-120 = N	59 - 86 = J 88-120 = N
	50 - 72			72-86 = O 120-150 = L	
	0 - 50	90-120 = H	50-70 = B		50-70 = B
		50-70 = K 92-120 = H	60-80 = C		

- A** Poor myocardia incipient dilation
- B** Over-worked heart, incipient hypertrophied cardiac muscle
- C** Aortic valve insufficiency
- D** Intra-cranial tension - arteriosclerosis
- E** Failing myocardia - possible nephritis
Cardiovascular changes - possible stroke
- F** Neurasthenia - other neurosis
- G** Cardiac insufficiency - T.B. - infections - anemia
- H** Abnormal relation in blood components
Incipient cardiac-renal disease
- I** Cardiovascular strain
- J** Neuritis - climacteric - mental overwork - tired
- K** Extremely toxic - precedes failure
- L** Thyroid intoxication - endocrine dysfunction
- M** Kidney dysfunction (if long duration)
- N** Nervous hypertension
- O** Failing heart (if persistent)

